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BOOK REVIEWS

PRINCIPLES OF MEDICAL TREATMENT. By George Cheever Shattuck, M.D., Assistant Physician to the Massachusetts General Hospital. Third edition revised and enlarged. W. M. Leonard, Boston, Mass. Price, \$1.50.

Doctor Shattuck has treated an intricate subject in an original manner, which is especially notable when the extreme brevity of the work is considered. This, however, has not detracted from its success. Written primarily for the use of medical students, former editions have found favor with practitioners, and nurses have found, and will continue to find, much valuable help from the book.

REST, SUGGESTION AND OTHER THERAPEUTIC MEASURES IN NERVOUS AND MENTAL DISEASES. By Francis X. Dercum, A.M., M.D., Professor of Nervous and Mental Diseases in the Jefferson Medical College, Philadelphia; second edition. P. Blakiston's Son and Company, Philadelphia. Price, \$3.50.

This book requires careful reading as all the different forms of real and imaginary mental disturbances are considered as affected by rest. It contains many references to old-time beliefs as to what were the causes of mental aberration, and their treatment.

THE STARVATION TREATMENT OF DIABETES, WITH A SERIES OF GRADUATED DIETS. By Lewis Webb Hill, M.D., Junior Assistant Visiting Physician, Children's Hospital, Boston; and Rena S. Eckman, Dietitian, Massachusetts General Hospital, Boston, 1911-1916. With an introduction by Richard C. Cabot, M.D. Third edition, W. M. Leonard, Boston. Price, \$1.00.

Any nurse who has been suddenly called to care for a patient suffering with diabetes immediately begins to think of the diet. If she is fortunate enough to possess a copy of the "*Allen*" *Starvation Treatment* of the disease much of her concern will disappear. The diet is always of such importance, is of such deep interest to the patient, who is likely to feel abused at the necessary restrictions, that the attractive recipes and diet tables would be of great assistance. The recipes need not, however, be confined to those ill with diabetes. Would not this appeal to anyone? "Tomato Basket of Plenty: Cut a medium-sized tomato in shape of a basket, leaving stem end on top of handle. Fill